

In the interest of protecting our employees and the public from pandemic flu, the Board of Selectmen adopted a policy on October 27, which reflects the recommendation of the CDC and states that **Any employee who has an influenza like illness is to remain at home until at least 24 hours after they are free of fever or signs of a fever without the use of fever-reducing medicines and any employee who develops symptoms while at work should leave immediately.**

The CDC recommendation points out that many people with influenza continue shedding virus 24 hours after their fevers go away, and sometimes longer so that when an employee returns to work he/she should continue to take extra precautions by practicing respiratory etiquette and hand hygiene and avoiding close contacts with others. Extra precautions should also be taken by anyone with a known exposure to the flu as persons are likely to be contagious for 2-5 days before exhibiting clear.

We are urging the public to follow these same guidelines and ask that those with symptoms avoid attending town meetings and activities at the Senior Center or Shepard Building.